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(and their phytochemicals), suggesting that they may have an even greater role to play in human health than the already Top 10 Ways to Eat Sugar Apples.

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Crabapples - University of Alaska Fairbanks Program Assistant Health, [www.apfga.org/research.html](http://www.apfga.org/research.html) Boyer, Jeanelle and Rui Hai Liu. 2004. Apple

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International Journal of Nutrition and Food Sciences Boyer Jeanelle and Liu Rui Hai, (2004). Apple phytochemicals and their health benefits.

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